

FOOD AND NUTRITION SCORE SHEET

Put an X in the box if child has special learning needs.

Jr. Division ____ 8-13 years of age (as of January 1st)

Sr. Division ____ 14-19 years of age (as of January 1st)

*Please read this section and sign. I certify that this entry is my original work. I completed it by myself, specifically for a 4-H project. I understand that I could be disqualified if this is not true or if this form is not properly signed.

_____ Member Signature

Member's Name _____

Age as of January 1 _____

Project Name _____

Project Number _____

Club _____

Phone Number _____

Description of Exhibit _____

	<u>Comments:</u>	
<u>KNOWLEDGE OF PROJECT BOOK INFORMATION</u>		_____ out of 15 Points
<u>PROJECT BOOK</u> Neatness Complete		_____ out of 5 Points
<u>KNOWLEDGE OF NUTRITION</u> MyPlate Worksheet Meal Tracking Worksheet		_____ out of 20 Points
<u>KNOWLEDGE OF FOOD PREPARATION</u> Describes measuring techniques and/or tools Describes use of tools/utensils/appliances Describes other food preparation skills used		_____ out of 30 points
<u>EVALUATION OF PREPARED FOOD</u> Flavor Pleasing appearance Quality - includes texture Appropriate food for project		_____ out of 10 points
<u>THE TABLE SETTING</u> Attractive and Well Coordinated Correct Arrangement (Centerpiece Optional) Appropriate for Menu and Occasion		_____ out of 10 points
<u>ONE PAGE REPORT</u> What was done/learned in this project?		_____ out of 5 point
<u>PERSONAL APPEARANCE</u> Neat, well groomed, dressed appropriately for serving of meal or refreshments Attitude of member - pleasant, responsive, positive		_____ out of 5 points

TOTAL _____ out of 100 points

Scoring Scale: 90-100 - A, 80-89 - B, 79 & Below - C

Project Placing

Judge's Grade - A B C

1st 2nd 3rd (Circle One, if needed)

Circle One)