

The Connections Café

Presents:

**“Master of Memory”
Wednesday Mornings
10:00 -10:30 a.m.**

**May 5 Memory & Strategies
to Improve it**

**May 12 Memory &
Medications**

May 19 Memory & Nutrition

**May 26 Memory, Medical
Conditions & Exercise**

To register please use this link:
<https://go.osu.edu/masterofmemory>

**Sessions are free but
registration is required.**

**FAMILY AND
CONSUMER SCIENCES**

**OHIO STATE
UNIVERSITY EXTENSION**

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COLLEGE OF FOOD, AGRICULTURAL,
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